

Life. Live it. First aid education kit

Links to Scotland's Curriculum for Excellence

The aim of the Curriculum for Excellence is for children and young people to flourish in four capacities as:

- > Successful learners
- > Confident individuals
- > Responsible citizens
- > Effective contributors

How does first aid help these capacities?

Teaching young people first aid is not just about giving them the **competency** to be first aiders. It's also about improving their decision making, increasing their **confidence** and enhancing their **willingness** to act to help others. All of which contribute to them becoming successful learners, confident individuals, responsible citizens and effective contributors – as well as creating a generation of lifesavers.

Where does first aid fit into Curriculum for Excellence?

Where first aid fits into the Curriculum for Excellence is not prescriptive. It contributes to the totality of experiences and could be taught within Health & Wellbeing, various other subjects, the flexible curriculum or 5 –14.

First Aid within Health & Wellbeing

Health & Wellbeing has six components:

- > Mental, Emotional, Social and Physical Wellbeing
- > Physical education, Physical Activity and Sport
- > Food & Health
- > Relationships, Sexual Health & Parenthood
- > Substance Misuse
- > Planning for Choices and Changes

Teaching first aid could enhance the learning experiences of **all six** components as different aspects of first aid have relevancy within each component. Specific experiences and outcomes in relation to first aid are:

Mental, Emotional. Social and Physical Wellbeing:

“I am learning to assess and manage risk, to protect myself and others, and to reduce the potential for harm where possible”

“I know and can demonstrate how to keep myself and others safe and how to respond in a range of emergency situations”

Substance Misuse:

“ I know the action I should take in the management of incidents and emergencies related to substance misuse”

First aid within a Higher Still subject:

Personal Development: learners are allowed to use the context of first aid to gain awards contributing to their overall qualification.

Biology: extension of the Health & Technology unit. Also suitable for Access 1,2, & 3

Physical Education: extension of the Integrated Performance unit. Also suitable for Access 1,2, & 3.

First Aid National Certificate Group Award (SQA) - an optional unit for an Early Education and Childcare qualification at National Certificate or Higher level.

First aid within 5 – 14:

Personal Development: demonstrate initiative / make decisions

Health Education: promote responsibility

Environmental Studies- Science: the processes of life

First Aid within the flexible curriculum

First aid can lead to certification at all levels and can form part of

- > ASDAN
- > Youth Achievement
- > Duke of Edinburgh awards

First aid experience and certification at all levels can contribute towards a curriculum vitae for employers.