

FoodieFest

Biriyani chicken or vegetable

Pakistan

Prep Time: 15 mins. Cooking Time: 30 mins.

Ingredients

- 300g basmati rice
- 25g butter
- 4 chicken breasts (for vegetarian option use a selection of vegetable such as cauliflower, potato, broccoli and carrot, chopped in large chunks)
- 1 large onion, finely sliced
- 1 bay leaf, 3 cardamom pods, 1 cinnamon stick
- 1 tsp turmeric
- 4 tbsp curry paste
- 850ml chicken or vegetable stock
- 1 tsp rose essence
- Raisins, flaked almonds and chopped coriander to serve

Method

- 1. Heat butter in a saucepan and cook the onions with the bay leaf, cardamom pods and cinnamon stick for 10 mins. Sprinkle in the turmeric.
- 2. Then add chicken and curry paste and cook until aromatic.
- 3. Stir the rice into the pan, then pour over the stock and rose essence.
- 4. Place a lid on the pan and bring to the boil, then lower the heat to a minimum and cook the rice for another 5 mins.
- Turn off the heat and leave for 10 mins. Stir well, mixing through half the coriander.
- To serve, scatter over the rest of the coriander and the almonds.





