



**British Red Cross ayaa
halkan u joogta inay caawin
bixiso xilliyada qalalaasaha.**

Na soo wac hadey ku saameeyaan dab, daad ama duufaan ama haddii aadan hubin sidaad taageero u heli laheyd qaxooti ahaan gudaha Boqortooyada Ingiriiska. Wxaan kugu xidhi doonaa adeegyadeena deegaanka oo waxaan kaa caawin doonaa inaad hesho taageerada aad u baahan tahay.

Ka soo wac khadkeena bilashka ah oo qarsoon

0808 196 3651

Saacadaha shaqada: Isniin-Jimco 10am to 5pm,

Arbaco 10am to 8pm

www.redcross.org.uk/supportline

Waxaan
taageero ku
fidin karnaa 200
oo luuqadood

Tabarruceena British Red Cross waxay awoodaan:

- inay kaa caawiyaan inaad hesho macluumaad iyo waano
- inay bixiyaan dheg saaxiibtinimo iyo dhugasho leh
- inay kugu xidhaan taageeraha laga helo goobtaada.



Accessible
versions
available

limayl: production@redcross.org.uk

British Red Cross Society, ee qaybta ka ah Royal Charter 1908, waa samafal ka diiwaangashan Ingiriiska iyo Wales (220949), Scotland (SC037738), Isle of Man (0752), Jersey (430) iyo Guernsey (CH142). BRC21-048. Sawirka © Peter Flude/BRC

**The power
of kindness**