

10 inspiring and engaging ideas

to bring humanitarian action into your secondary-school lessons. To find out more about our inspiring resources visit redcross.org.uk/education



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2

Give chest compressions

Discover how and why you should give chest compressions when someone is unresponsive and not breathing.

> **Teach the first aid skill**

Think about the stories behind the headlines

Use our Newstink activities to discuss topical news from a humanitarian perspective.

> **Sign up to Newstink (emailed monthly)**



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3



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1

Know how to treat a burn?

The great thing about first aid is that it's simple to teach and easy to learn.

> **Pick from 17 first aid skills**



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4

What are the rules in times of conflict?

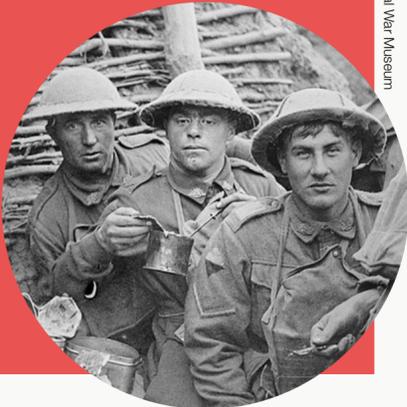
Introduce the principles of international humanitarian law. What are they and why do we have them?

> **Understand rules of war**

Learn from the past

Watch our impactful film to uncover the human stories, emotions and feelings of those involved in WWI.

> **Experience a soldier's view**



© Imperial War Museum

5

Build empathy with refugees

What's it like to flee your country? Explore the challenges refugees face through powerful case studies.

> **Develop understanding**



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6

Life as a refugee

Celebrate the positive contributions refugees make, explore shared interests and understand challenges they may face.

> **Challenge assumptions**



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7

8

What does it mean to be kind?

We believe in the power of kindness. Explore the meaning of kindness and how it relates to being humanitarian.

> **Learn about humanitarianism**

© Simon Rawles/BBC



9

Put humanitarianism in action

Examine real-life examples of humanitarianism in action and consider the dilemmas and consequences of those actions.

> **Discuss and debate**



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10

Cope in a crisis

Understand how people can react to an emergency and discuss ways of coping and supporting others.

> **Be ready**



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