

Design your own kindness coin

It is our 150th birthday this week. To reward some of our volunteers for their kindness we are giving them a special coin.



Photo © Francesca Jones/BRC.

This is Sandra from Wales. She has helped people through the British Red Cross for 27 years. She has helped people in different emergencies like floods and fires. Recently she helped people at home by using our Coronavirus helpline, calling them to see how they were. She said "I feel I've been able to help people, even though I haven't been able to see them."

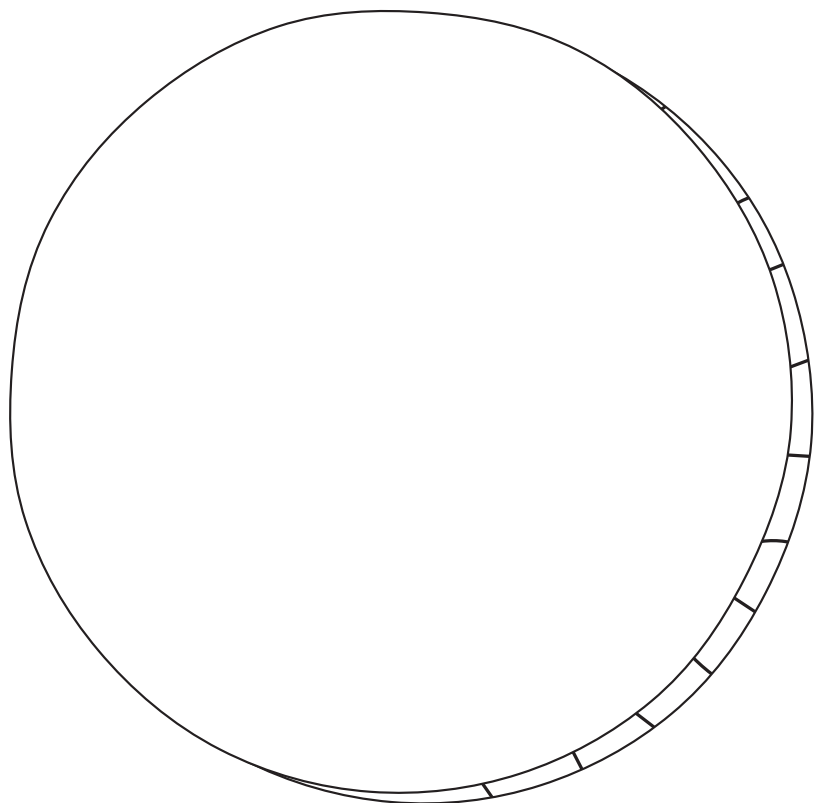
Do you know anyone kind like Sandra?

How do they help people?

Activity 1

What does kindness look like to you?

Draw your own version of a special coin to say thank you to someone you know for being kind.



Activity 2

Now think about who you would give it to.

Draw a picture of the person you want to reward for their kindness and write a story, like Sandra's, about why they are kind and should get your kindness coin.

My kind person is...

