

Sharing skills

Sharing new skills is an important part of the learning process. Teaching someone else can help learners to understand something more clearly. More than that, sharing their knowledge and supporting the learning of others is a kind act.

These activities emphasise the importance of sharing skills and knowledge to build a stronger community. It encourages people of all ages to take the time to learn and share together. Activities are differentiated by age for guidance.

Learning objectives

Learners will:

- Share a new skill
- Learn how to share skills with others
- Connect with people
- Develop understanding and critical thinking

Primary ages (5-11)

Creative activity: New skills cards

What new skills have you learned in lockdown? Think about everything you have learned – why did you learn them, how does it feel to learn new things?

Create a skill card to showcase your new skills. Draw a picture of yourself and write all the things you can do. What skills have you learned recently? Think of one skill you learned how to do or are learning right now.

Think about how useful each of these skills is to you. How useful is it to other people? How can you use this skill to be kind to others?

Learn activity: Learn a new skill

Learning new skills can help you in the future. You can use our new [First aid champions](#) website to learn first aid skills. Learning first aid is really useful and kind.

Why do you think learning first aid is useful? Why do you think learning first aid is kind?

Follow the link to learn some first aid skills and coping skills with our home learning pathways.

Think about why it is important to learn skills that are useful and kind. After using the home learning pathway think about these questions:

- > Have you ever used a skill to help someone? What skill was it and how did you help?
- > Who could you help with these new first aid and coping skills?

Sharing activity: Skill exchange

Pick one of your new skills to share with others. Share it with someone in your house. Teach a sibling or parent. You can all sit down and do a 'skill exchange'. Maybe your family members can do something you want to learn how to do. Think about the creative ways you can teach them. You could role play, draw a poster, show the skill through something like a

'how to' video, or write instructions and have someone else complete the skill themselves. Sharing knowledge is a very kind act.

How does it make you feel when you teach other people how to do something?

How does it feel when others take the time to teach you how to do things?

Remember that learning is a process. You won't be perfect at something first time. You need to practice to improve and remember skills.

Secondary ages (11-19)

Creative activity: New skills CV

Think about the important life skills you have learned recently. Make yourself a short 'skills list' like you would find on a CV or application form, demonstrating your new skills and how they are valuable. You don't just learn how to do one thing when you learn something new. A new skill is like a seed. The main skill grows roots and sprouts leaves in many directions, helping you to learn lots of things at once.

Think about:

- > What is the skill?
- > Why is it useful?
- > What bigger things does it teach you how to do?

For example:

First aid: how to help someone with an injury. Could save someone's life or reduce the effects the long-term effects an injury. Teaches you how to stay calm under pressure, how to think and react quickly, how to comfort and support others etc.

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Why do you think learning first aid is useful? Why do you think learning first aid is kind?

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Think about why it is important to learn skills that are useful and kind. After using the home learning pathway think about these questions:

- > Have you ever used a skill to help someone? What skill was it and how did you help?
- > Who could you help with these new first aid and coping skills?
- > Think of one skill you really wish you could learn. Why this skill? Is there anything you can do to start learning this skill now?
- > How can you help and encourage others to learn first aid?

If you want to share your story of how you have used first aid, email us at rededucation@redcross.org.uk

Share activity: Skill exchange

Share your skill with the people in your house or digitally over video call. You could make a video and share it with friends, teaching your skill like a how to video. Remember that presenting your knowledge is a valuable life skill too.

Think of the other creative ways you can share your skills. Have a skill exchange with friends and relatives. Could you connect with someone who is particularly isolated right now, like a grandparent or sibling who lives alone? Maybe they know how to do something which you want to learn – like another language or how to cook. Spending time with people who are learning builds strong connections with others. Reflect:

- > How does it make you feel when you teach other people how to do something?
- > How does it feel when others take the time to teach you how to do things?

Remember that learning is a process. You won't be perfect at something first time. You need to practice to improve and remember a skill.

Reflective activity: Teach a person to fish...

Think about the well known saying below:

“Give a person a fish and you feed him for a day. Teach a person to fish and you feed him for a lifetime.”

- > What do you think this saying means?
- > What is it suggesting about the power of learning?
- > What is it suggesting about learning as an act of kindness?

You can make your community stronger by teaching them skills. Think about the skills your community could teach you too.